

In case of emergency, THE MORNING-AFTER PILL



Produced by:



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Post-coital pill



☐ Do you know what the post-coital pill or morning-after pill is?

It is a pill with hormones that you can take in order to prevent a possible pregnancy if you have had a vaginal intercourse without protection or some incident with the contraceptive method you use. It is a safe and occasional resource for...well, for an emergency!

☐ When can you use it?

If the condom broke or got stuck inside the vagina...
If you forgot to take the contraceptive pill...
If you did not use any contraceptive method...
If you have been raped...
...and you do not want to get pregnant, this emergency resource exists!

☐ You can take two different kind of pills:

You can take a kind of pill from the first day you had the intercourse, until the third one, and if you forget, you can take another kind of pill that has effect until the fifth day!

But, the sooner you take it, the better! As the hours go by it loses efficiency.

- ☐ Take into account the pill it is not 100% effective.
- ☐ It is not abortive, if you are already pregnant, it will not work.
- ☐ After taking it, you may have headaches, stomach aches, feeling sick...
- ☐ You can take it whenever you need it, there is no maximum amount of times.
- ☐ Remember it can avoid a pregnancy, but it does not protect you of sexual transmitted diseases and HIV.
- ☐ You can ask for it for free in your health center, in the hospital emergency department, in the Sexual and reproductive health services, and also you can buy it in the pharmacy without a prescription.